



# HEALTHCARE ONLINE

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## Gary Goltz Participates in DisAbility Sports Festival

For a second year in a row, judo was included in the annual DisAbility Sports Festival, held at Cal State University San Bernardino. Walter Dean, who has been active in the blind judo movement nationally and internationally, was charged by Professor Aaron Moffett, founder of the event, with organizing training for participants with various disabilities. **U.S. Judo Association President Gary Goltz, of Goltz Healthcare Sales Strategies** (pictured below, far right), was on hand, along with members from Goltz Judo and Discover Judo, to offer their assistance. This year's event saw a dramatic increase in participation, with more than 25 taking part in the two seminars offering basic judo and self-defense skills.



[Video of Judo at DisAbility Event 10-18-14](#)

For more information on the ABL Organization, visit [www.abl.org](http://www.abl.org)

## **Judo Becoming a Big Success at the Largest Sporting Event for People with Disabilities in the Western United States**

The [Blind Judo Foundation](#) provided judo introductions and coaching once again at the annual DisAbility Sports Festival in San Bernardino, CA. More than 700 athletes of all ages, with various disabilities, including amputees, along with the blind and visually impaired had the opportunity to experience the sport of Judo.

The foundation reached out to a southern California friend, Sensei Walter Dean who like last year's DisAbility Sports Festival provided the leadership implementing the "on-mat" introductions and instructions where all who attended had their first experience with Judo incorporating their respective disabilities.

Sensei Dean was not alone in the tasks before him. He was able to corral another well know Judo Coach and President of the US Judo Association by the name of Sensei Gary Goltz to help make a difference with all who participated in the Judo session. Sensei Goltz also convinced some of his Judo athletes from Goltz Judo Club to once again travel to San Bernardino, give up their Saturday and help make a difference in the lives of all who were willing to step on the mat experiencing the enhancement and empowering sport called Judo.

Members of the Goltz Judo Club who participated last year and some newer members had the opportunity to influence the disabled with their personal hands-on attention with personal instruction. The supporting Judoka (Judo athletes) included Jovany and Marvin Varela, Kevin Herr, as well as Mckenzi and Spencer LaMott. Sensei Gary Goltz captured the essence of the day in the included video where Dr. Aaron Moffett creator of the Festival, so succinctly captured the value of Judo for the disabled and his appreciation for our support.

The reason Judo is now a part of the DisAbility Sports Festival at CSUSB is due to the efforts of Howard Brodwin, Principal of Sports and Social Change and an Associate of the Blind Judo Foundation. Howard met Dr. Aaron Moffett a few years ago touting the value of Judo for the blind and visually impaired and others with disabilities. Howard is an advocate of sports and its life enhancing powers.

Dr. Aaron Moffett, Professor of Kinesiology at CSUSB is the Founder of the Festival who said "there were 22 different sports represented at this year's Festival and Judo was one of them." Dr. Moffett continued to say "the sport offered like Judo emphasizes awareness of what a disabled person can do to reach their potential from training in a sport like Judo and being able to set new heights in their lives." This year had exceptional attendance and fun for all.

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