

The Pitt Judo Club

November 6, 2016

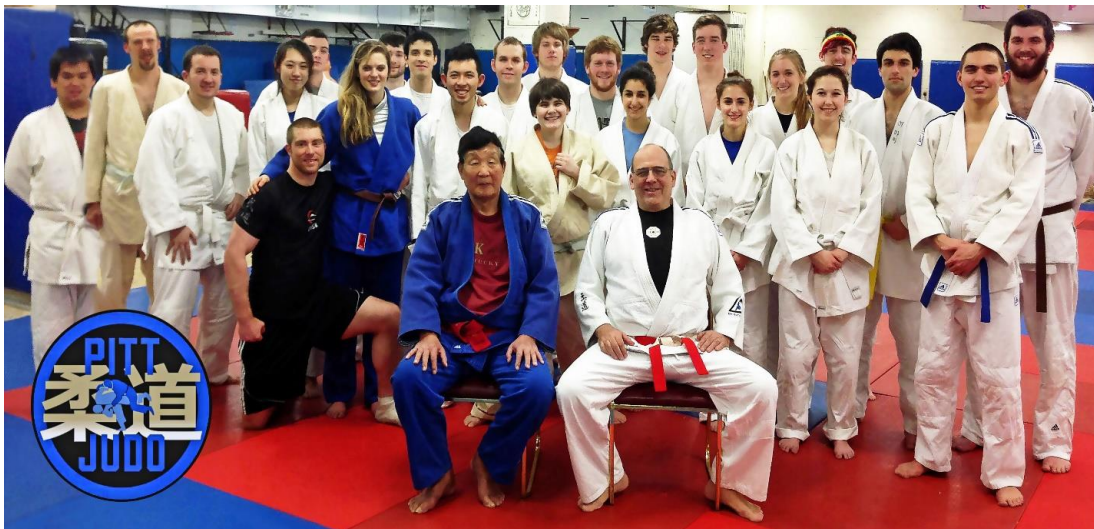


What is judo?

Judo, or gentle way, was founded in 1892 by Dr. Jigoro Kano in Tokyo, Japan. As the national sport of Japan and an Olympic event since 1964, judo has gained global popularity and recognition throughout world cultures. Based on the principle of mutual benefit, judo offers a unique perspective on athletic activity and competition. Regardless of strength or size, anyone can learn judo and be a successful competitor.

Who are we?

Founded in 1971 by Gary Goltz, the [Pitt Judo Club](#) has a long history of and commitment to promoting health, wellness, and athletics among students. Not only do students have a retreat from the strenuous academic culture of the University of Pittsburgh but they are able to participate in a constructively competitive environment. Over the past few years, we have grown our membership by almost 500% to just less than 50 members - including about 20 experienced competitors - and we continue to expand.



[Kyu Ha Kim](#) and [Gary Goltz](#)