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### Local youth “throw” judo contest, bring home national medals

A team of four members from Goltz Judo - which hold classes at Claremont’s Alexander Hughes Community Center - recently won several titles at the U.S. Judo Summer Nationals held in Indianapolis, Indiana.

Inez Torres, 18, a brown belt of Azusa, won both a gold medal as well as a silver medal in her divisions defeating a very tough black belt from Indiana.

Johana Forman, a 9-year old a blue belt of Upland won a gold medal defeating all of her opponents by ippons (full points). Her 13-year old sister Sadie, a purple belt also of Upland won a bronze medal in her division after hard fought battle for the silver medal in her division.

Spencer LaMott, a 17-year old brown belt of Claremont, finished fourth defeating several strong opponents advancing to the bronze medal match, ([Link to video of his dynamic throw](#)).

Each of these young champions are now listed on the National Judo Roster which could eventually earn them a spot on the U.S. Olympic Judo Team.

[Goltz Judo](#) has been affiliated with Claremont Human Services for over 25 years. To find out about classes and registration call, (909) 399-5490.